



Prince's Trust Team Programme



For people aged between 16-25

Who want to:

- improve their chances of getting a job
- increase confidence
- discover hidden talents
- be listened to
- develop skills
- meet new people



Team



- is a **12 week course** that helps young people become more **confident**, motivated and able to work with others
- It is Free, doesn't affect benefits and we can pay for a bus pass
- Young people can **gain qualifications** at the end of it



The 12 weeks

Day 1: **Meet new people**

Week 1: **Take action**

Week 2: **New experiences**

Weeks 3-6: **Something to talk about**

Weeks 7-8: **Work placements**

Week 9: **Plan for the future**

Weeks 10-11: **Meet the challenge**

Week 12: **Have your say**



Induction Week



- Learning about the program
- Getting to know each other
- Preparing for Residential



Residential



We go on a weeks residential to the Brecon Beacon in Wales

The team take part in lots of challenging activities such as rock climbing, abseiling, mountain climbing and river crossing.



Community Project Fundraising



The team take part in fundraising to pay for their community project.



Community Project



The team choose a Community Project that they feel passionate about.

Past projects include: Redecorating the youth Club at Broad Street Young Peoples Centre, Canley Community Centre, the RNIB Pear Tree Centre

Work Experience



The team all go on a 2 week work placement in an area they are interested in.

Next Steps Week

The team get support to work out what they are going to do next:

- Careers Research
- Job Applications
- CVs
- Interview Practise



Team Challenge

The team then take part in a challenge which involves them interacting with the local community.



Past team challenges have involved working with the homeless, elderly, people with learning disabilities.

Target Groups

- Unemployed
- In or Leaving Care
- Young /Ex-Offenders
- Educational under achievers

With focus on

- From BME Backgrounds
- With Disabilities
- Refugees and Asylum Seekers
- Lone Parents

FACT: more than three in four young people moved into work, education or training after completing a Prince's Trust programme last year

Recruiting Our Teams

- **Motivated**
- **Want to make a change in their lives**
- **Broad Mix of young people**
- **Gender**
- **Age**
- **Ability Levels**
- **Social, ethnic and cultural mix reflecting the community**

Referral Process

→ Referral Received

→ Informal interview arranged (can be joint meeting)

→ Invite to taster day

- A day of activities designed to give a flavour or all 12 weeks

- Chance for us to assess team dynamics and suitability of the program

How to refer?

→ Name

→ Date of Birth

→ Address

→ Call us on 024 766 26300 Ext 6404

→ Call us on 07854864791

→ PrincesTrust@henley-cov.ac.uk